

Supporting Children In Times of Crisis

Satellite Conference

Tuesday, August 9, 2005 • 12:00-1:30 p.m. (Central Time)

1:00-2:30 p.m. (Eastern Time) • 11:00 a.m.-12:30 p.m. (Mountain Time) • 10:00-11:30 a.m. (Pacific Time)

Faculty:

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Program Objectives:

1. Be able to outline practical advice for parents on how to support their children in times of crisis.
2. Be able to list common symptoms of adjustment reactions of children in the setting of crisis and risk factors for adjustment problems.
3. Be familiar with four basic principles related to preparedness planning to address the mental health needs of children in the setting of a terrorist event or disaster.

Conference Details:

Target Audience: Public health professionals, first responders, community planners, healthcare providers, and child care providers and educators.

CEUs: No CEU's awarded for this program.

Registration: www.adph.org/alphn **Cost:** No cost to view

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands. You will need a satellite downlink system to view this program.

Webcast Information: This program will be available as an on-demand webcast approximately two days after the live satellite broadcast. To access this webcast, www.adph.org/alphn

Conference Materials: Posted on website approximately one week before the program.

Questions: alphn@adph.state.al.us or 334-206-5618.

If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Email: alphn@adph.state.al.us

Fax: 334-206-5640

The psychological impact of a crisis event often exceeds the biomedical impact both in terms of numbers of individuals involved and the morbidity experienced. Yet many communities have given little attention to mental and behavioral health issues in their preparedness planning. This is especially the case when the needs of children are considered.

In the immediate aftermath of a major community crisis event, mental health approaches will fall into two broad categories. Psychological first aid is provided broadly to those impacted by the event and involves psychoeducation and supportive services to foster effective and normative coping strategies and adjustment and to accelerate the natural healing process. In addition, timely and effective triage and referral is required to identify, and deliver services to, those children who would benefit from additional mental health care. This presentation will offer practical advice about how to support children and their families during and after a crisis and review common symptoms of adjustment reactions and risk factors that help identify which children are likely to benefit from additional mental health services beyond psychological first aid.

The South Central Center for
Public Health Preparedness
is a partnership of the state health departments
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and Mississippi and
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